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Transdisciplinary Comm-CODE-121

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Codes Reflection 1

In CODES, I am expected to perform research studies based on real-world problems, and through that, gain a better understanding of working in teams, socializing in large groups, forging connection through shared goals, and public speaking. I was assigned three main topics, and each of them have 3 subsections of that topic, my assignment was to choose 5 subtopics and describe what we want to achieve in our own words. These topics are what I feel resonate with me most.

My first subtopic I chose was 13-C. It entails using language to skillfully communicate with clarity and fluency, which I personally describe as having the ability to clearly get your words across, to convey and illustrate them in a way unique to me, and doing so, you can be your own person not bound by the cookie-cutter ways. I chose this because I believe that I need to overcome my social anxiety and being a doormat to people, to say what I need to say without being afraid that I might be judge or criticized, and learn to speak clearly to hook the audience,

The second subtopic that resonated with me the most was 9-B, which describes the ability to identify multiple approaches to solving problems. I would describe it as showing that some problems, lack just one answer or solution, sometimes they have many, and sometimes they don't have an answer at all, and it is our job to identify what those answers (or lack thereof) are. I

chose this because it personally got me in one of my weak points, my analytical nature, t[   ]here only one possible solution, and one alone, and this question challenged that flawed ideology.

Topic number three is 8-A, which states the ability of using clear organizational patterns and skillfully presenting content cohesively, which at its core basically means that having the ability to convey messages through being organization methods, being cohesive and not scattered. This is important to me, because I also believed that being organized lead to clear messages, so that it can be perceived easily, and the message is understood. I remember always losing my work, because lack of organization, and often I paid the price of a low grade because I could never find my assignments, something I wish to work on during the program.

My fourth topic is 8-B, which describes using compelling, appropriate delivery techniques, I think it means using ways to make your info not bore your audience. I chose this because presentations, particularly omnes with graphs, rely heavily on visual representation, as to make your findings seem more appealing because it catches the audience's eyes.

My final topic that resonated with me was topic 9-A, which detailed the importance of constructing insightful problem statements with evidence of relevant factors, I took this as the ability to identify a problem and understand its cause. This is important to me because I have always wanted to solve problems by identifying the root of it, and eliminating the root, will often reduce or entirely omit it.

These are all the topics that I feel are important to me and ones that I can hopefully improve on during the CODES program. I chose these topics because they are all things that I have at least somewhat of a grasp on, that I wish to gain a better understanding of during this program, and in my life outside of university. These are what I hope to achieve in life.