

Due Date: 02/03/2023 Name: Serenity Payne

Source Analysis

Title: Rethinking arts based research methods in education: enhanced participant engagement processes to increase research credibility and knowledge translation

Author: Julia Elizabeth Morris

Source Date: May 11,2021

Source Type: Article

Context (what is important to note about the creator, when it was created, its audience, or its format?):

The audience is focused mainly on early career teachers within their first five years. It focuses on the impact of a digital sabbath practice, which is the purpose of unplugging from all technology for one day per week. They do this with the intention of increasing social connectedness and mitigating stress and burnout by decreasing our overuse of technology.

Summary (what important facts about the source's content we should note for our discussion): __

Art based research methods are a qualitative form of research, as well as participatory and it's used mainly for higher education for teachers to use.

Analysis (what should we take away to better understand our problem and its stakeholders?): __

Technology has become both a useful tool but also a destructive tool in the form of, it distracts us in a lot of ways from, one our schoolwork, but also from being able to form relationships. So the importance of the art based research method is to eliminate those destructive qualities of technological research and replace it with more hands-on research which I feel is very beneficial for understanding the material. A lot of times if things are on technology you didn't grasp as much from it, but if it's more hands on you're more likely to grasp more.